

Diphenhydramine (Benadryl ®)

Protocols:

1. Anaphylaxis/Allergic reaction
2. Poisoning/overdose

Indications:

1. Anaphylaxis
2. Mild or moderate allergic reaction
3. Urticaria

Contraindications:

1. Lower respiratory distress
2. Hypersensitivity to diphenhydramine

Dosing:

1. Adult: 50 mg IM or IV
2. Pediatric: 1-1.5 mg/kg IM or IV

Expected Effects:

1. Antihistamine, decreased urticarial, itching
2. Drowsiness